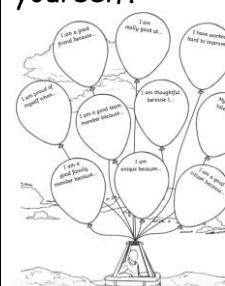
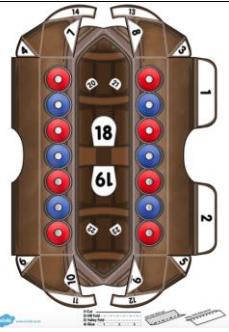


History	French	Art	PE	RE	Science	PSHE
<p><b>Viking Rune Writer</b> Use the runes to write your name. Use the runes to write a secret message to your family.</p>  <p><b>Create your own Viking Long Boat</b></p>	<p><b>Learning the seasons</b> Use this website to learn the new vocabulary - <a href="https://www.speaklanguages.com/french/vocab/months-and-seasons">https://www.speaklanguages.com/french/vocab/months-and-seasons</a></p> <p>Create a collage map of the year with the months in the correct season - in French remember!</p> <p>Create a calendar Learn the different weather types here - <a href="https://www.rocketlanguages.com/french/lessons/weather-in-">https://www.rocketlanguages.com/french/lessons/weather-in-</a></p>	<p><b>Make a Viking brooch</b> Can you find materials around your home to create a Viking brooch?</p>  <p><b>Make a Viking figurehead</b> - Can you use materials around your home to create a Viking figurehead? They are designed as dragons and are often very detailed and</p>	<p><b>Create a food diary over two weeks</b> How much fruit and vegetables are you eating? How often are you eating them?</p> <p><b>Take part in Oti Mobuse dance classes!</b> <a href="https://m.youtube.com/watch?v=yORGGDusyKI">https://m.youtube.com/watch?v=yORGGDusyKI</a></p> <p><a href="https://m.youtube.com/watch?v=MCe06Q3p7Mc">https://m.youtube.com/watch?v=MCe06Q3p7Mc</a></p> <p><a href="https://m.youtube.com/watch?v=agcYRmxpBKI">https://m.youtube.com/watch?v=agcYRmxpBKI</a></p>	<p><b>Peace</b> What is the meaning of peace? A dove is often recognised as a symbol for peace. Can you create your own symbol that represents peace?</p> <p><b>Poverty</b> Using this picture, answer the following questions: What does this picture show?</p>	<p><b>Materials</b> A material is any substance that has a name. For example: chalk, paper, wood, iron, air, water, clay, plastic, rubber, stone, leather, wax. Everything is made up of <b>materials</b>. ... The property of a <b>material</b> is something about it that we can measure, see or feel and helps us decide whether or not it is the <b>best material</b>.</p> <p><b>Make a slice of toast.</b> Can you describe what</p>	<p><b>I am an amazing person!</b> Complete the balloons below, describing yourself.</p>  <p><b>Brain Break Breathing Activities - Bubble Breaths</b> Breathe in deeply and form a bubble in your mouth. Your cheeks should be puffed out. Blow your bubble out</p>



### Viking Gods

<https://www.bbc.co.uk/bitesize/clips/zyy9wxs>

Choose a Viking God and retell the story of this God in the form of a comic strip.

### Viking Food

<https://www.bbc.co.uk/bitesize/clips/z4pnvcw>

Make a comparison table, comparing Viking

### french

Create a weather forecast. Don't forget you can record it and email it into school! We would all love to see them.

intricate.



Research one of the following artists and then write a biography.  
Banksy  
John Singer Sargent  
Rorschach

What do you think caused this situation? How might this make people feel?

has happened to the bread? Is this change reversible or irreversible?  
  
How many different materials can you find in your home? What are they used for? Make a table to present this information.

### Create a fact file.

Can you research one of these scientists and the material they made?

Ruth Benerito  
Spencer Silver  
Harry Bearly  
John McAdam

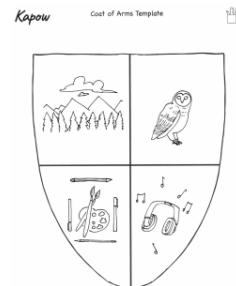
of your mouth and push it away from you by blowing out hard and strong. Do this slowly and picture your bubble floating away. Keep breathing in and out deeply. Close your eyes and think about where else your bubble could go. Can you blow it far away? Can you blow it to a friend? Imagine your bubble is returning to you. Open your mouth and catch it for next time.  
Repeat.  
- **Butterfly Breaths**

food to what we eat today.

Magdalene  
Odundo

Produce a picture using the style of one of your researched artists or recreate one of their own pieces of art. See if you can use a variety of different media.

**Create your own coat of arms for a Viking army**



Leo Baekeland  
When you're creating your fact file, think about:  
Their life  
When and where they lived  
What they did  
What new material they made  
How was the new material useful?

**Create a new material.**  
Describe it and draw it.  
What would it be called? What might it be used for? Where might you find it?

**Choose an**

**Sit on the floor with the bottom of the feet touching and the knees bent out to the sides. Put your hands on your ankles and gently bounce your knees like you are flapping butterfly wings. Close your eyes and breathe slowly and calmly.**  
Be sure to take slow deep breaths in and out. Pretend you are flying to your favorite place in the whole world. Imagine what it looks like. What do you see? What do you hear? What does

**object from  
around your  
home.**

Draw it and label  
the different  
materials used to  
create it.  
Identify the  
properties the  
materials have  
that make the  
object suitable  
for its use.

it feel like?  
Imagine you are  
flying around and  
you are happy  
and calm. Now it  
is time to fly  
home, slowly flap  
your wings back  
home. Take a  
deep breath in  
and slowly  
exhale. Now  
slowly open your  
eyes.