



BODY BINGO

Equipment: None required

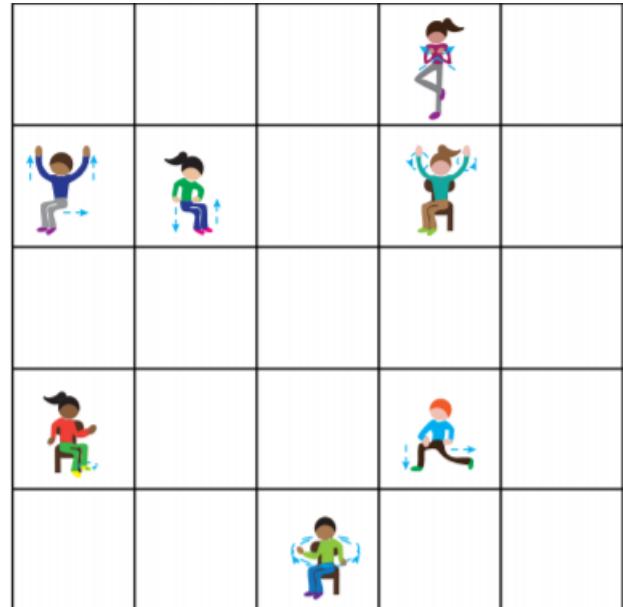
(If equipment is available, you could use tape or cones to set up a grid & mark out designated spaces).

Time: 15 minutes +

Number of Players: 8-12

Ages: KS1 & KS2

Where: Classroom, Playground, Field, Hall



How To:

1. Ensure each child has a copy of the body bingo board and movement sheets. (Older children could make the boards themselves).
2. Instruct children to find their own space in the area, 6 feet apart from one another. You could use social distancing markings already set out on school grounds.
3. To complete one square, first solve the maths problem. Next, do the exercise indicated in the square. The answer to the maths problem is the number of repetitions the children must complete.
4. The aim is to try to get body bingo by solving the maths problems and doing the corresponding movements in each square on the board. A completed horizontal, vertical, or diagonal line gets you body bingo!

Before Starting:

Review your body bingo boards and movement sheets to ensure an appropriate level of challenge for your children.

Ensure movements can be adapted to be fully accessible where necessary.

Top Tip: Try adapting the bingo board to incorporate times tables or spellings. Or try geography where for example children could guess the names of capital cities.

Adapt: For KS1, children could complete the corner squares, or one line. For KS2, revise the difficulty level of the problems and complete the whole board.

