

### **Week 1 – Suggested timetable**

Dear year 6,

Below is a suggested timetable for home learning, mirroring the learning that will be taking place in school. For those children who are attending school as part of the reduced timetable, learning can be continued at home on the days that they are not due in.

For some activities during the summer term, you may create 3D projects, which can be shared through photo evidence. Other activities can be completed (neatly) in your homework book, on blank paper or on your computer. If there is any learning you wish to submit to us, we would love to see it via the year 6 email.

We hope you enjoy completing your challenges; this is an opportunity to show your adults at home the amazing work that we, as teachers, see every day in school.

From,  
Year 6 teachers

**Suggested timetable**

<b>Monday</b>	<b>Well-being</b>	<b>English – Day 1</b> <i>See Hamilton Trust on school website</i>	<b>Break</b>	<b>Maths – Day 1</b> <i>See Hamilton Trust on school website</i>	<b>Lunch</b>	<b>Computing</b>
<b>Tuesday</b>	<b>Well-being</b>	<b>English – Day 2</b> <i>See Hamilton Trust on school website</i>	<b>Break</b>	<b>Maths – Day 2</b> <i>See Hamilton Trust on school website</i>	<b>Lunch</b>	<b>Music</b>
<b>Wednesday</b>	<b>Well-being</b>	<b>English – Day 3</b> <i>See Hamilton Trust on school website</i>	<b>Break</b>	<b>Maths – Day 3</b> <i>See Hamilton Trust on school website</i>	<b>Lunch</b>	<b>PSHE</b>
<b>Thursday</b>	<b>Well-being</b>	<b>English – Day 4</b> <i>See Hamilton Trust on school website</i>	<b>Break</b>	<b>Maths – Day 4</b> <i>See Hamilton Trust on school website</i>	<b>Lunch</b>	<b>Art</b>
<b>Friday</b>	<b>Well-being</b>	<b>English – Day 5</b> <i>See Hamilton Trust on school website</i>	<b>Break</b>	<b>Maths – Day 5</b> <i>See Hamilton Trust on school website</i>	<b>Lunch</b>	<b>PE</b>

**Week 1 - Suggested activities:**

Well-being	Art	PE	Computing	Music	PSHE
<ul style="list-style-type: none"> <li>Try some yoga <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></li> <li>Make a mindfulness jar <a href="https://www.developgoodhabits.com/mindfulness-jar/">https://www.developgoodhabits.com/mindfulness-jar/</a></li> <li>Try some mindfulness colouring <a href="https://www.twinkl.co.uk/resource/t-c-1551-mindfulness-colouring-sheets-bumper-pack">https://www.twinkl.co.uk/resource/t-c-1551-mindfulness-colouring-sheets-bumper-pack</a> <i>Parents can create a free login to access this work. Use the code: CVDTWINKLHELPS</i></li> <li>Go for a walk</li> <li>Make some origami</li> <li>Play a game</li> <li>Read a book</li> <li>Bake some food</li> <li>Watch a film</li> </ul>	<p><b>Painting, Collage and Printmaking – Storytelling</b></p> <p>Learn about how famous Portuguese artist Paula Rego uses her artworks to tell stories, learn some basic artistic techniques and create your own artwork.</p> <p><a href="https://www.bbc.co.uk/bitesize/articles/z47fvk7">https://www.bbc.co.uk/bitesize/articles/z47fvk7</a></p>	<p><b>Personal Challenge:</b> What is your new personal challenge going to be? Record your initial result.</p> <p><i>Continue working on your personal challenge each week. Don't forget to measure your new personal challenge result at the end of the term to see if your score has improved.</i></p> <p><b>Get active using the following links:</b> Havering Sports Collective <a href="https://haveringSportsCollective.org/covid-19/">https://haveringSportsCollective.org/covid-19/</a></p> <p>Joe Wicks – The Body Coach <a href="https://www.youtube.com/playlist?list=PLyCLoPd4VxBvPHOpzoEk5onAEbq40g2-k">https://www.youtube.com/playlist?list=PLyCLoPd4VxBvPHOpzoEk5onAEbq40g2-k</a></p> <p>Just Dance <a href="https://www.youtube.com/results?search_query=just+dance">https://www.youtube.com/results?search_query=just+dance</a></p>	<p><b>Complete the daily lesson provided:</b> <a href="https://www.bbc.co.uk/bitesize/subjects/zvnrq6f">https://www.bbc.co.uk/bitesize/subjects/zvnrq6f</a></p>	<p><b>You've Got a Friend</b></p> <p><b>1. Listen and Appraise</b></p> <p><b>Listen:</b> Play the song <a href="https://www.youtube.com/watch?v=eAR_Ff5A8Rk">https://www.youtube.com/watch?v=eAR_Ff5A8Rk</a></p> <ul style="list-style-type: none"> <li>How does the song make you feel?</li> <li>Does the song tell a story?</li> <li>What does the song make you think of?</li> <li>How old do you think this piece of music is?</li> </ul> <p><b>Appraise:</b></p> <ul style="list-style-type: none"> <li>Did the tempo stay the same all the way through the song?</li> <li>In music, dynamics means how loud or quiet the music is. What are the</li> </ul>	<p><b>Transition to Secondary School – Memories</b></p> <p>Think about what you will miss the most and what you will miss the least about primary school.</p> <p>Present your ideas in your way of choice, e.g.</p> <div style="text-align: center;"> </div>

				<p>dynamics in this song?</p> <ul style="list-style-type: none"><li>• Can you identify the different instruments / voices that you heard? Did all the instruments and voices play or sing throughout the song?</li></ul> <p><b>2. Musical Activities</b></p> <p>Learn to sing the song - You've Got A Friend.</p> <p><b>3. Perform</b></p> <p>Don't forget to record yourself performing it – we would love to see your singing. If you are feeling very creative, you could add dance moves too.</p>	
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